



## **Westchester Mental Health Peer Group (WMHPG)**

**Mission:** We are mental health professionals of color. We support each other in a collaborative and safe manner in our individual pursuits to provide ethical, culturally competent and culturally relevant mental health services. Support and encouragement are provided through sharing best practices, sharing of relevant resources, and networking.

Our proposed goals include, but are not limited to:

- Share cases in an anonymous and confidential manner to support each other in assessment and treatment approaches.
- Discuss current trends in the field of psychology and collaborate about the specificity needed to tailor trends to individual practitioner's private practices.
- Provide support to each practitioner to ensure that efforts are made to address overall mental health wellness of each other specific to our field of practice.

**Note: This is not a supervision group as no one person claims responsibility for supervising cases. This is a peer consultation group where ideas are exchanged.**

The National Register of Health Service Psychologists has partnered with us to promote this vital group:

<http://www.nationalregister.org/westchester-mental-health-peer-group-wmhp/>